## September 2024



## **Activity Center for Older Adults**

901 Lincolnway, La Porte IN 46350 ph 219-326-5354 email seniorcenter@cityoflaportein.gov

## A World of Opportunity Awaits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Closed	9am Coffee Hour	9am Coffee Hour	9am Coffee Hour	9am Coffee Hour	
	* • .	12:30pm Pinochle	10am Exercise	9am Qigong	10am Exercise	
	HAPPY	1pm Board Games	10am Crafts	10am Seated Yoga	11am Wii Bowling	1
	· la has		10:30am Library	1pm Bunco/LRC	& Lunch	
	TWO!		10:30am Special Craft	1pm Bridge Club		
	* DAY		12:30pm Euchre			
			6pm Euchre			
8	9	10	11 9am coffee hour	12	13	14
	9am Coffee Hour	9am Coffee Hour	10am Exercise	9am Coffee Hour	9am Coffee Hour	
	10am Exercise	12:30pm Pinochle	10:30am Games	9am Qigong	10am Exercise	
	10:30 Fraud Protection	1pm Board Games	with Dunes Hospice	10am Seated Yoga		
	11am Uno		& Cutler Funeral	1pm Bunco/LRC		
	12:30pm Pinocle		11am Eucre 101	1pm Bridge Club		
	1:00pm Mahjong		12:30pm Euchre			
15	16	17	18	19	20	21
	9am Coffee Hour	9am Coffee Hour	9am Coffee Hour	9am Coffee Hour	9am Coffee Hour	
	10am Exercise	12:30pm Pinochle	10am Exercise	9am Qigong	10am Exercise	
	11am Uno	1pm Board Games	10am Crafts	10am Seated Yoga		
	12:30pm Pinocle		10:30am Library	1pm Bunco/LRC		
	1:00pm Mahjong		12:30pm Euchre	1pm Bridge Club		
			6pm Euchre			
22	23 9am Coffee Hour	24	<b>25</b> 9am Coffee Hour	26	27	28
	10am Exercise	9am Coffee Hour	10am Exercise	9am Coffee Hour	Closed	
	10:30am PACE	12:30pm Pinochle	10am Crafts	9am Qigong	Join us 9 a.mnoon	
	11am Uno	1pm Board Games	10:30am Internet	10am Seated Yoga	Expo for Older Adults	
	12:30pm Pinocle		Protection w/Real Services	1pm Bunco/LRC	& Caregivers	
	1:00pm Mahjong		12:30 & 6pm Euchre	1pm Bridge Club	at the Civic Auditorium	
29	30	1	2	3	4	5
	9am Coffee Hour					
	10am Exercise					
	11am Uno					
	12:30pm Pinocle					
	1:00pm Mahjong					
6	7					
		<u>Hours</u>	<u>Groups</u>			
		Mon 9am – 4pm	Board Games 2nd & 4th N	Monday of the month	Exercise — Mon, Wed, Fri	
		Tue 9am – 4pm	<u>Bridge</u> — Thu <u>N</u>		<u>Mahjong</u> — Mon	
		Wed 9am – 8:30pm	Bunco/LRC — Thu		<u>Pinochle</u> — Mon & Tue	
		Thu 9am – 4pm	<u>Crafts</u> —Wed		Uno 1st & 3rd Monday of the n	nonth
		Fri 9am – 11am	<u>Euchre</u> — Wed aft/eve		<u>Wii Bowling</u> —1st Friday of the	month