

## **Activity Center for Older Adults**

Au	gust 202	Act	Activity Center for Older Adults 901 Lincolnway, La Porte IN 46350 ph 219-326-5354 email seniorcenter@cityoflaportein.gov			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	9am Coffee Hour 1pm Bunco/LRC 1pm Bridge Club	9am Coffee Hour 10am Exercise 11am Wii Bowling & Pizza Party!	3
4	9am Coffee Hour 10am Exercise 10:45am BINGO! 11am Uno 12:30pm Pinocle 1:00pm Mahjong	9am Coffee Hour 12:30pm Pinochle 1:00pm Mahjong 101	9am Coffee Hour 10am Exercise 10am Crafts 10:30am Library 10:30am Special Craft 12:30pm Euchre 6pm Euchre	9am Coffee Hour 9am Qigong 10am Seated Yoga Q 1pm Bunco/LRC 1pm Bridge Club	9 9am Coffee Hour 10am Exercise	10
11	9am Coffee Hour 10am Exercise 12:30pm Pinocle 1:00pm Mahjong	9am Coffee Hour 12:30pm Pinochle 1pm Board Games 1:00pm Mahjong 101	9am Coffee Hour 10am Exercise 10:30am BINGOI	9am Coffee Hour 9am Qigong 10am Seated Yoga 11am SingAlong & Pizza 12:30pm Ice Cream Social 1pm Bridge & Bunco/LRC		17
18	9am Coffee Hour 10am Exercise 11am Uno 12:30pm Pinocle 1:00pm Mahjong	9am Coffee Hour 12:30pm Pinochle 1:00pm Mahjong 101	21 9am Coffee Hour 10am Exercise 10am Crafts 10:30am Library 11am School Buddies 12:30pm Euchre 6pm Euchre	9am Coffee Hour 9am Qigong 10am Seated Yoga 1pm Bunco/LRC 1pm Bridge Club	9am Coffee Hour 10am Exercise	24
25	9am Coffee Hour 10am Exercise 10:30am IT Support 12:30pm Pinocle 12:30pm Blue Sky Music 1:00pm Mahjong	9am Coffee Hour 12:30pm Pinochle 1pm Board Games 1:00pm Mahjong 101	9am Coffee Hour 10am Exercise 10am Crafts 12:30pm Euchre 6pm Euchre	9am Coffee Hour 9am Qigong 10am Seated Yoga 11am Healthy Eating 1pm Bunco/LRC 1pm Bridge Club	9am Coffee Hour 10am Exercise	31
1	2	Hours  Mon 9am – 4pm  Tue 9am – 4pm  Wed 9am – 8:30pm  Thu 9am – 4pm  Fri 9am – 11am	Groups  Board Games 2nd & 4th Bridge — Thu Bunco/LRC — Thu Crafts — Wed Euchre — Wed aft/eve	Tues of the month	Exercise — Mon, Wed, Fri  Mahjong — Mon & Tues  Pinochle — Mon & Tue  Uno 1st & 3rd Mon of the mo Wii Bowling —1st Fri of the re	